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# COMMANDER

By Colonel Ronald Wilson, 110th Attack Wing Commander



*Members of the 110th Attack Wing, welcome to June UTA.*

Last month, I ended my comments with a request that each of you and your spouse's log onto <https://www.research.net/r/110ATKW> and complete the ACC/IG Capstone survey; a very short, simple to use online

questionnaire that has been designed to ensure successful implementation of the new Air Force Inspection System. This survey is your opportunity to confidentially convey your opinions, beliefs, and concerns to the IG as a way to increase unit effectiveness and improve the overall quality of life of airmen and their families across the Air Force. The ACC/IG UEI Capstone survey is going to remain open until 23 August 2015, and once all members have had a chance to express their thoughts it will be used to provide commanders with a better understanding of how well the 110th is managing resources, leading people, improving processes and executing the mission. Yet even though the intention of this confidential survey is to enhance the investment that every airmen has in the development of a more efficient and effective force, to date the ACC/IG has only received responses from approximately 10% of our members; too few to adequately gauge how well or poorly we are doing. Since there are only 6 drill days remaining before the survey closes, I thought it was important to begin this month's comments with a second invitation for your participation in this extremely valuable process. I realize that many of you are already survey-weary, and when it comes to the ACC/IG Capstone inspection in October, there are probably some who would rather walk over hot coals than voluntarily participate in one more AFIS-

related task. But this survey is a critical step in further developing future prosperity at the 110th Attack Wing and I need your support to make sure we realize its full potential.

Speaking of prosperity, I want to address a potentially troubling trend that I am starting to see glimmers of as I walk through the different shops around base; one that I believe can directly and profoundly influence the long-term fate of this wing. I am hearing mumbles about airmen who seem to be taking advantage of various incentives that may—by technicality or self-serving interpretation—be considered entitlements of your jobs. So I am going to sum up the issue like this: Just because we can do something, doesn't mean it is always the right thing to do. For those of you who are engaging in this behavior, I likely do not need to explain further. But for the majority of you, I want to take this time to point out the potential repercussions of airmen, "working the system." In 2010, the 144th Fighter Wing in Fresno, California, was suddenly thrown under the microscope of public scrutiny when it was reported that members of the wing were manipulating incentives programs to add thousands of dollars into their paychecks that they in no way deserved. The activities that they engaged in are not necessarily relevant for this discussion, but the bottom line is that the behaviors of a few unprincipled airmen was able to effectively tarnish the reputation of an entire organization, degrading the trust that many have in the Air National Guard. I believe wholeheartedly that vast majority of airmen assigned to the 110th are men and women of honor. I also know that the temptation to take advantage of loopholes within the system in order to make a few extra dollars can be enticing to anyone in the short term. What truly makes us American Airmen is not just our ability to defend this great nation, but that we are driven by a set of our core values and principles that allow us to rise above and remain good stewards of the trust that our neighbors and friends place in our hands. I am not going to finger point or prolong this issue. What I will tell you is that I will not tolerate the impropriety of one or two airmen at the expense of the many. Access your entitlements. Just make sure that you are doing so with integrity.

Finally, I want to make a few comments about the recent elevation of our Force Protection Condition (FPCON) to Bravo, necessitating an increase to counterterrorism measures. I want to reassure you that there are no direct threats to Battle Creek at this point. But the fact still remains that our RPA and AOG missions are directly linked to the war against terrorism; essentially placing a bull's eye on our front door. If there is one thing that can be said about the recurrent protests at our gates, it is that what we do here at the 110th Attack Wing is now well known. Because of this, I sent out an e-mail last week with instructions regarding uniform wear and travel outside of the base. For some, my expectation that we change into civilian clothes when traveling to and from base and doing so in pairs might seem like an over-reaction; an inconvenience that will very likely run its course without a single member ever experiencing harm or ill-will. I agree. But I am also fairly certain that the off-duty Garland police officer working parking lot security outside the Curtis Culwell Center in Garland, Texas, last month never expected to end up face-to-face with two men donned in body armor and wielding assault rifles in the name of ISIS. I can guarantee you that if that officer had not taken appropriate preemptive steps to prepare for the potential threat before the moment of engagement with two aspiring ISIS militants, the fallout could have been catastrophic. All that I am asking that you be proud of your service, be proud of your country; just be smart about it. Be vigilant. Take an extra few minutes to change out of uniform before leaving base to avoid becoming a target. The threat is real, but the reality is that the only way that ISIS's plan works is if we are careless. We cannot afford to let our guard down.

As always, be safe and have a great drill weekend.

## DFAC MENU

### Saturday

Box Lunch pickup in the DFAC between 1200-1300

### Sunday (0830-1000)

Breakfast

## PROMOTIONS

1 June 2015

Master Sgt. Lana Eliopulos (ATKW)

Tech. Sgt. Matthew Drallette (CES)

Staff Sgt. Derek Nelson (CES)

Senior Airman Jacqueline Cortez (MDG)

Senior Airman Christopher Simmons (CF)



## AIR FORCE SERGEANTS AGENCY



During May UTA Senior Master Sgt. David I. McCoy from Wright-Patterson Air Force Base came to Battle Creek Air National Guard Base representing the Air Force Sergeants Association. He spoke to some groups on base about the importance of the Air Force Sergeants Association and was also available during lunch at the dining facility. Senior Master Sgt. McCoy distributed literature about the benefits of membership and informed airmen that they can join right now for five years for the price of a single year. POC for further information is Senior Master Sgt. Jeffrey Cummings.

## FITNESS ON BASE

### Wing Fitness Center

Hours 0500-1900

(SFS can open outside these hours if you ask)

Services will be providing Practice fitness tests at the Track at 1530 Every Saturday of Drill. Our core target audience will be members who are currently enrolled in the Fitness Improvement Program. We will have fitness and Recreation Personnel available to assist in proper form for Pushups and Sit ups. The 1.5 mile run will also be timed. The classes are in Arcnet so that attendance can be tracked. Please schedule your members for the classes.

Please do not sign up for practice tests during fitness testing on Sundays. Saturdays will be for Practice testing.

We will not be providing Waist Measurements during these sessions.

We encourage all UFPMs and PTLs to attend to document members progress.

Thank you and we hope to see you out at the track!

### BASE BOX

(affiliate name TBD)

Building 6900 (Large Hangar) WOD Day/Times  
(Workout of the Day)

Sun of UTA 0630-0730

Tues-Fri 0630-0730

Tues-Fri 1600-1700

All Skill /Fitness Levels welcome and encouraged!!!!

WHAT WE DO AT THE BOX?

<https://www.youtube.com/user/CrossFitHQ>

### MICHIGAN NATIONAL GUARD WEBSITE

[www.minationalguard.com](http://www.minationalguard.com)



### Drill Status Guardsmen:

~Classes offered UTA Saturday evening with On-line between UTAs.

~Registration open until mid-June for fall classes.

~Need 12 guardsmen to sign-up for class to be held.

Kellogg Community College provides associates level classes that match CCAF requirements. KCC also has an agreement with Western Michigan University, so that their associated level classes apply towards WMU's baccalaureate degrees.

### For Social Studies Credit in CCAF associates or baccalaureate:

**ECON 201 Principles of Economics-Macro (3 credits)** A study of the American economic system, including the basic tenets of the private enterprise system; national income accounting, economic instability, unemployment inflation; modern theory of income employment, employment and prices; fiscal and monetary policy; banking system (including the Federal Reserve; and related contemporary macro-economic issues.) KCC 2014-2015 Catalog, Page 187

**ECON 202 Principles of Economics-Micro (3 credits)** A study of supply and demand analysis; costs of production; structure of American industry; resource pricing; and contemporary microeconomic issues that will include labor economics, urban and rural problems, income distribution, anti-trust problems, and international economic issues.

### Political Science:

**POSC 201 American Government (3 credits)** This course is designed to empower the student by offering an understanding of the Federal System of their American Government, how it works, and where students might inject themselves into the process to gain better control over their government. Heavy emphasis is placed upon the U.S. Constitution and the limits placed upon the government by it and the protections afforded to the citizens through this historical document. In addition to the federal government, this course covers the form and functions of our state government and of countries, cities and villages and incorporates the rights and responsibilities of citizenship. POSC 201 satisfies Michigan Compiled Law (MCL) 388.372, Sec. 2, regarding the granting of baccalaureate degrees.

KCC Point of contact:  
Colleen Wright, KCC Registrar  
Wrightc@kellogg.edu  
269.565.2623

## SIENA HEIGHTS UNIVERSITY

Siena Heights University (SHU) is recognized as 2015 Best Online Programs for Veterans through U.S. News and World Report. Siena Heights University rated in this year's ranking in the following:

#21 overall (out of 737 online degree programs featured)

#2 in Michigan, following Central Michigan University

#1 in Michigan as a private institution

SHU was ranked #47 as Best Online Programs for Veterans in 2014. We are making strides in what we are doing for service women and men!

If interested in learning more, here is the information:

<http://www.usnews.com/education/online-education/bachelors/veteran-rankings>

In addition, Siena Heights University has been identified as a Military Friendly SchoolIR.

Check us out via the Military Friendly SchoolIR website at: <http://www.gijobs.com/schools/>

FYI SHU has a campus in Battle Creek, Benton Harbor, Jackson and Lansing! Interested students can meet with an adviser Monday through Friday, face-to-face at any of our locations or connect online with an advisor (with the option to take classes in person or online). We are here to help build and navigate an educational pathway to their career choice, completing a Bachelor's and/or Master's degree. So, please share this information with your peers or constituents. Siena is here to serve those who serve(d) us!

## Upcoming Road Closures

**UPDATE:** I-94 BL (Skyline) between Hill Brady Rd. and M-96 (Dickman Rd.) will be closed effective May 1st. This section of road is going to be permanently removed.

Ramp Closures are as follows:

Ramp A (EB Off Ramp) - May 16th through June 21st

Ramp B (EB On Ramp) - June 3rd through June 15th

Ramp C (WB Off Ramp) - May 17th through May 31st

Ramp D (WB On Ramp) - June 27th through July 30th

Bridge will be closed for replacement starting May 15th and continue until July 27th.



# Safety Articles

By Senior Master Sgt. Michael LaBruzzy, 110th Safety Office

Safety articles, mine included, are usually filled with topics most of us have heard before. Sometimes it is challenging to find a new slant on a topic that is both logical and innovative, but every once in a while you get a good idea to run with. So this month's safety topic is both water safety and work. I can feel the skeptical raising of eyebrows right now. This isn't the Navy; most of us don't work around enough water to warrant a water safety article. Water and work, what gives?

Ask yourself, what do water and work have in common? The answer, it is easy to drown in both things. That isn't a bad joke, but an unfortunately accurate statement. Think of the facts you hear every summer: children can drown in as little as one inch of water and adults can drown in as little as three inches. Now think of how easy it is to drown in your workload: how the addition of a small extra task can put you way behind on the rest of your work or how easy it is to let tasks pile up on you. Both types of drowning can be swift and sudden, leaving you with no time to react. So now that we see the parallels, let's look at a few things we can do as parents, leaders and supervisors to prevent drowning of any type.

1. Active Supervision: The number one water safety tip from Safe Kids Worldwide is never leave a child alone around water. Seems like a no brainer right? If you're a parent it may be, but how many people know that unintentional drowning is the third leading cause of injury-related death among children 19 and under. Perhaps we should alter the safety tip from never leave a child alone around water to never leave anyone alone around water. However, simply being present is not sufficient in this case. When supervising water activities, we need to put down our cellphones and other distractions to give our charges our undivided and active attention. Supervising at work is much the same. We cannot assume that our people are fine on their own. We need to get and see what is going on for ourselves. We need to give our undivided attention to the people under us so that they know there is a helping hand if work becomes too much.

2. Educate: It's easy to assume that everyone has had swimming lessons at some point in their life. However, this is not always the case. A Harvard study of adults saved from drowning found that nearly 60 percent reported never having taken swimming lessons. We cannot assume that everyone who visits a beach or pool has ever been properly trained to swim. This easily parallels with work. While everyone has been given the basic tools to do their job, we cannot assume that everyone has been trained on every specific task or has done that task recently. We need to make sure that our people are properly educated on a task to avoid them getting overwhelmed. We cannot assume that because someone knows how to swim in a pool, that they are safe swimming in the open water of the ocean.

3. Don't Let Supervision Lapse: If there are multiple adults present during water activities, all should share in the responsibility of keeping an eye out for trouble. Try taking 15 minute turns at supervising the activity and be organized about who is taking what shift. This will help avoid inattention and fatigue. Do not try to do it all yourself. The same strategy should be applied at work. Coordinate with other supervisors to make sure that every task is covered. Designate which supervisor is covering which task. Making sure there is adequate, continuous supervision will keep your people on task and your work flowing smoothly.

So there you have it, water safety and work. Two topics that may not seem related, but parallel each other nicely. As parents and leaders, we owe it to our charges to do everything possible to keep them afloat and successful. We need to make sure we are keeping everyone from drowning.

## Leadership

By Senior Master Sgt. Jeremy Weitting, 110th Attack Wing 1st Sergeant

There's nothing more important to what we do...than leadership. It covers the full spectrum of our people. It covers the full spectrum of our missions. It covers what we're doing in the present and how we look to the future. This is not just about our senior leaders. You can lead when you are an E-1 all the way to O-10. You can lead from the front, the middle, or in the back. Leadership is at the core of what makes us great.

What was the most important leadership lesson you learned during your career? This question has been asked quite often. As a leader, I'm confident you have found models to follow. But that's not what I want to highlight. I want to know this simple question: Are you worthy of your followers?

One of the most important leadership principles I've discovered is this: People do what people see. When your Airmen look at you, and when they watch what you do day in and day out, what do they see? If they were to emulate you, how would you rate them?

The most important leadership lesson I have ever learned in my career is very simple. Being an NCO or Leader is not about you. Rather, it is about everyone around you. It is about the Airmen and their families whom the Air Force trusts to your care. It is not about having the right answer all the time. But it is about being smart enough, and humble enough to admit that you don't know the right answer and you might be in over your head. It is about having situational awareness and knowing you have resources, and helping agencies all around you which are available to assist you in taking care of your people. To be an effective leader one must know their people. A leader knows not just where their people live, but under what conditions they (and their families) are living. A leader is not concerned with building their resume. They are

concerned with developing their subordinates to become the best Airmen our Air Force deserves. Where are your Airmen in terms of Career Development Courses, their Community College of the Air Force degree, physical fitness? How is your Airman's family doing? What is their spouse's name? What about the names of their children? What school does your Airman, their spouse, their children attend? How are their parents doing? What about their brother who has been sick lately, how is he doing? The word sergeant means servant. NCOs are expected to serve the sons, daughters, nieces and nephews of our country. Those very moms, dads, aunts and uncles send their most precious gifts to us and expect us to be good stewards of these gifts. Be the good sergeant they expect you to be.

## WE WANT YOU!

Please join us for our first Speed Mentoring Session! We are actively recruiting mentors and mentees!!

What: Speed Mentoring is a series of short, focused conversations. You will meet a number of mentor/mentees for 10 minutes, and then move into a new conversation. Speed Mentoring isn't necessarily mentoring, but a better way to meet people and meet potential mentors for a longer term mentoring relationship.

Who: Any Rank can be a mentor or mentee

When: Saturday of July Drill, bldg. 6922, 1300-1500

Space will be somewhat limited so please RSVP a spot to jenny.balabuch@dla.mil or jenny.balabuch@ang.af.mil

# 110th Honor Guard Team at Fort Custer National Cemetery ceremony

*Photos by Al Lassen/for the Enquirer*

**HONOR GUARD TEAM SUPPORT REQUEST** The Wing Honor Guard Team has been requested for Colors, for the Salute to Flag Day, Sunday, June 14, 2015 at the Leila Arboretum in Battle Creek. They are looking for four members from the base to participate with them in Service Dress. Report time to the base is 1000.

\*\* If you are interested in participating in this event reply back to Master Sgt. Carmen LaGuardia ASAP\*\*

Contact:

DSN: 580-3550

Com: 269-969-3550

carmen.laguardia@ang.af.mil



(above) 110th Attack Wing Guardsmen attend training and orientation at the Battle Creek VA Medical Center and Humane Society of South Central Mich., Tuesday, May 19, 2015, Battle Creek, Mich. Every other Tuesday two trained volunteers from the wing will pick up an animal companion and take them to visit with the veterans at the Community Living Center at the Battle Creek VA.

(left) Michigan Air National Guard senior leaders from the Joint Forces Headquarters and the 110th Attack Wing gather for a photo following Col. Donald Furland's military retirement ceremony at the JFHQ headquarters in Lansing, Mich., May 2, 2015. Furland retired as the director of operations from the MIANG with 28 years of service at the 110th AW at Battle Creek Air National Guard Base and Lansing. During his military career, Furland supported several combat flying missions, one which earned him the Distinguished Flying Cross for his role in providing close air support for a U.S. Army convoy during Operation Iraqi Freedom in 2003. (U.S. Air Force photo by Master Sgt. Denice Rankin/Released)

| <b>SATURDAY</b>  |  | <b>6 Jun 15</b>        |  |
|--|--|------------------------|--|
| <b>Activity</b>  | <b>Location<br/>BLDG/Rm</b>                                      | <b>Normal UTA</b>      | <b>Training/Meeting OPR</b>              |
| <b>RODEO<br/>SBAC and CBRNE</b>  | DFAC/Hangar<br>Refer to ADLS sign-up<br>for individual reporting | 0800-1200              | SABC- MSgt VanRhee<br>CBRNE – SMSgt Gage |
| <b>Customer Service Hours<br/>(FSS, SFS, CPTF, LRS, MDG)<br/>(Monthly)</b> | As Applicable  | 0945-1200<br>1300-1430 | 110 Unit/CC                              |
| <b>Public Affairs<br/>Open Studio</b>                                      | BLDG 6900<br>PA/VI   | 0900-1100              | 110 ATKW/PA<br>MSgt Pawloski             |
| <b>Immunizations<br/>(Monthly)</b>   | BLDG 6930<br>Medical   | 0900-1100<br>1300-1500 | 110 MDG<br>SMSgt Carroll                 |
| <b>Retirement Briefing</b>   | BLDG 6905<br>Testing Room  | 0900-1000              | 110 FSS<br>MSgt Jenney                   |
| <b>Post 9-11 GI Bill Briefing /<br/>State Tuition Assistance</b>           | BLDG 6905<br>Retention Office                                    | 1000-1100              | 110 FSS<br>MSgt Ladd                     |
| <b>Professional Development Council</b>                                    | BLDG 6905<br>Wing Conf Room                                      | 1000-1100              | Council President                        |
| <b>BETM/UTM Training Meeting</b>   | BLDG 6905<br>Testing Room  | 1000-1100              | 110 FSS<br>SMSgt Parks                   |
| <b>Ground Testing</b>  | BLDG 6930<br>Med Conf Room                                       | 1100-1130              | 110 MDG<br>SrA Bean                      |
| <b>Lunch - Dining Facility<br/>(Monthly)</b>                               | BLDG 6930<br>Dining Facility                                     | 1100-1230              | 110 FSS/SVF<br>Major Heyart              |
| <b>Com Flight Classroom Open for CBT's<br/>(Monthly)</b>                   | BLDG 6900<br>CF Classroom  | 1200-1500              | 110 CF/CC<br>Major Guy                   |
| <b>Company Grade Officers Council</b>                                      | BLDG 6909<br>AROMS   | 1130-1215              | Council Vice President<br>Capt. Bechtel  |
| <b>In/Out Processing<br/>(Schools/Separation/Retirement)</b>               | BLDG 6930<br>Med Conf Room                                       | 1300-1500              | 110 MDG<br>SMSgt Carroll                 |
| <b>CDC/PME Testing<br/>(Scheduled by UTM)<br/>(Monthly)</b>                | BLDG 6905<br>Base Training<br>Testing Room                       | 1300-1500              | 110 FSS/FSD<br><br>SMSgt Parks           |
| <b>Catholic Mass<br/>(Monthly)</b>   | BLDG 6909<br>Chaplin's Office                                    | 1600-1700              | 110 ATKW<br>SMSgt Lahaie                 |
| <b>ANG Ancillary Training<br/>Fire Extinguisher</b>                        | Base Wide  | 15 min                 |  |

| <b>SUNDAY</b>   |                              | <b>7 Jun 15</b>   |                                   |
|---|------------------------------|-------------------|-----------------------------------|
| <b>Activity</b>   | <b>Location<br/>BLDG/Rm</b>  | <b>Normal UTA</b> | <b>Training/Meeting OPR</b>       |
| <b>Protestant Services<br/>(Monthly)</b>  | BLDG 6909<br>Student Flight) | 0730-0800         | 110 ATKW / HC                     |
| <b>Fitness testing</b>  | BLDG 6900<br>Fitness Track   | 0730              | 110 FSS/SVF<br>Major Poston       |
| <b>Air Force Training Course<br/>(Quarterly)<br/>Feb, May, Aug, Nov</b>                       | BLDG 6905<br>Testing Room    | 0800-1100         | 110 FSS / FSD<br>SMSgt Parks      |
| <b>ASVAB Testing<br/>(Monthly) 3<sup>rd</sup> Thursday<br/>(Quarterly) Jan, Apr, Jul, Oct</b> | BLDG 6905<br>Testing Room    | 0745-1100         | 110 FSS<br>MSgt Jenney            |
| <b>Customer service Hours<br/>(FSS, SFS, CPTF, LRS, MDG)<br/>(Monthly)</b>                    | As Applicable                | 0800-1130         | 110 Unit/CC                       |
| <b>Airman-2-Airman Open Meeting<br/>(Monthly)</b>   | BLDG 6909<br>AROM Club       | 0800-0900         | Mr David Marshall                 |
| <b>Wing Drug Testing<br/>(Monthly)</b>  | BLDG 6909<br>AROM Club       | 0830-1100         | 110 MDG<br>Capt Diaz              |
| <b>Public Affairs<br/>Open Studio</b>   | BLDG 6900<br>PA/VI           | 0900-1100         | 110 ATKW / PA<br>MSgt Pawloski    |
| <b>Quantitative FTI/Respiratory Testing<br/>(Gas Mask)<br/>(Monthly)</b>                      | BLDG 6930<br>Room 118        | 0900-1100         | 110 MDG/Bio Enviro<br>A1C Vierzen |
| <b>Junior Enlisted Advisory Council (JEAC)</b>  | BLDG 6905<br>Wing Conf Room  | 0900-1000         | Council President                 |
| <b>Senior Enlisted Advisory Council (SEAC)</b>  | BLDG 6905<br>Wing Conf Room  | 1000-1100         | Council President                 |
| <b>Lunch - Dining Facility</b>  | BLDG 6930<br>DFAC            | 1100-1230         | 110 FSS/SVF<br>Major Heyart       |
| <b>Chief's Council</b>  | BLDG 6905<br>Wing Conf Room  | 1130-1230         | Council President                 |
| <b>In House AFSC Training<br/>All Individual Sections</b>                                     | Base<br>Wide                 | 1200-1600         |                                   |
| <b>PERSCO Training</b>  | BLDG 6905<br>Testing Room    | 1300-1400         | 110 FSS<br>TSgt Mongeon           |
| <b>CSS Training<br/>VPCGR Training (ability/products)</b>                                     | BLDG 6905<br>Testing Room    | 1400-1500         | 110 FSS<br>TBD                    |
| <b>SAPR</b>   | BLDG 6930<br>DFAC            | 1400-1530         | TSgt Harrington                   |
| <b>Wing CC's Drill Hotwash</b>  | BLDG 6905<br>Wing Conf Room  | 1500-1530         | Wing Monitor MSgt Boyd<br>X4210   |
|   |                              |                   |                                   |