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COMMANDER

110TH ATTACK WING COMMANDER
 By Colonel Ronald Henry



Members of the 110th Attack Wing, welcome to January drill.

With this being our first UTA of 2015, I thought I would start this month's comments with a prediction. And I'm going to warn you, it's going to be a big one. Here it is: I am going to go out on a limb and predict that 2015 is going to be the

greatest year the 110th Attack Wing has ever had. Ever! Sure, one could argue that this being our first year as the 110th Attack Wing gives me an unfair predictive advantage, but I've got to say, I'm feeling pretty good about this one. Let me explain why.

Anyone who has been around for a while can attest that the last several years have been marked by some of the most uncomfortable adjustments, mid-stride corrections, and significant identity transformations the Battle Creek Air National Guard has ever gone through. But as with all things progressive, it appears that the unsettledness of change is finally beginning to level off as we gain traction in the race toward a more spirited future. We usher in 2015 with two very relevant, high profile missions in the AOG and RPA; both of which are presently engaged in the fight, our airmen setting the bar for excellence every single day, showing the world what the 110th is really about. Balancing out the AOG and RPA are the outstanding cyber-defense initiatives that we continue to shake out as we bolster the technological capabilities of the wing. Together, continued success on each of these fronts is going to allow us to operate on solid ground, which goes a long

way to improve not only sustainability, but also nudges Battle Creek into a more prominent position on the world stage.

Speaking of solid ground, I am thrilled to report our first win for 2015. As you may recall, the FAA had proposed a substantial reduction to the 10,003 foot runway, which would have significantly impacted our ability to support any potential flying missions in the future. After learning about this situation during his visit last month, Governor Snyder returned to Lansing and made deterring the 3000 foot reduction a priority, quickly finding a funding source that will prevent this from happening—proof that the Guard is a priority for the State of Michigan as well as a great example of how telling our story can pay dividends. Thank you to all who contributed to making Governor Snyder's visit a huge success.

And new for 2015, we are just days away from Central Michigan University's offering of a spring class right here on the base, the first of several universities we plan to host in the future. Initially, we are going to open courses only to those students who have a current and valid, United States government identification card, but we are working toward eventually finding a way to safely and conveniently offer these classes to the public. We also have another great Professional Development Seminar that will begin at 0800 on Friday, 9 January. The Professional Development Council will once again ring in the new year with a stellar agenda meant to enhance the growth of our airmen, highlighted by yet another outstanding keynote speaker, Maj. Gen. Gregory J. Schwab (retired), former Air National Guard Assistant to the Commander, Air Combat Command, Langley Air Force Base. And of course I would be remiss if I did not mention that 2015 also marks the countdown to the Unit Effectiveness Inspection in October. I expect that we will do well, but again need to reinforce my expectation that everyone needs to be fully engaged in this process. Failure is not an option.

And finally, I want to offer one last thank you to Colonel Doug Henry for the hard work he put in managing a variety of personnel issues, strategic planning, standing up the new IG shop, and making sense of the sometimes chaotic 6905 building

moves in his role as 110th Airlift Wing, Vice Wing Commander. Colonel Henry was a consummate professional whose experience and guidance were vital to ensuring smooth operations during his tenure. But with Colonel Henry's departure, I also have the honor of welcoming our new Vice Wing Commander, Colonel Bryan (Teflon) Teff, to the 110th Attack Wing. Colonel Teff comes to us from Selfridge ANGB, where he was the Commander of the 127th Mission Support Group, but this move is in fact a sort of a homecoming for him. For those who do not know Teflon, he actually spent 13 years of his career in Battle Creek as an A-10 pilot and squadron commander. When he left Battle Creek in 2011 to take command of the Alpena CRTC, Colonel Teff was Chief of Combat Operations and the 110th Air Operations Squadron Commander; so it goes without saying that he brings a solid portfolio of operational and personnel leadership experiences as well as a personal commitment to Battle Creek's long-term success. His official start day is 1 February 15 and I look forward to getting him in the Vice Wing Commander seat.

As always, be safe and have a great drill weekend.

MICHIGAN NATIONAL GUARD WEBSITE
www.minationalguard.com

Have you visited the Michigan National Guard's homepage yet? This in the MING's public page and has links to useful information about federal and state jobs, family programs, and other resources such as the MING military organization structure and much more. The electronic Wolverine Guard magazine is also there, and soon you will be able to input your information in a form-fill template to create a hometown news release to tell your community that you were promoted, received an award, or other accomplishments. Visit www.minationalguard.com and check it out.

BULLETIN

UTA CHILDCARE

Attention 110 AW military members:

Need childcare during UTA? 3 Slots available for childcare on Saturday & Sunday of UTA 0600-1800.

Requirements: Must be attending UTA; Officer or Enlisted children can participate.

Children's age must be between 6 weeks-12 years. Child must be immunized according to American Academy of Pediatrics.

Currently, completely free. Call MSgt Tammy Zerafa with questions. 269-969-3565

Check Out the Gym!

For all of you who made the New Year's resolution to get in better shape I encourage you to check out your newly improved base gym. Thanks to the efforts of our Services Flight and MANY volunteers from around the Wing we now have over \$80K of brand new equipment in the gym for your use.

DFAC MENU

Saturday

Box Lunch

(Pre-ordered Dec UTA)

Sunday

Breakfast

From the Chaplains Office

The chapel staff will be hosting a very special speaker on January 11, 2015 at 1500 in the Ops auditorium. Agshin Jafarov was born in 1977 in the Azerbaijan Republic, then part of the now-defunct Soviet Union. He grew up in a middle-class, secularized Muslim family, and he attended Baku State University where he began to study and practice Islam. His interest in world religions stimulated his search for spirituality and God. When he graduated, he began working in the constitutional court of the Azerbaijan Republic. In 2005 he became a Christian through his work with an American professor and through reading the bible. Pastor Jafarov is a dynamic speaker who will be talking about Islam and his conversion experience.

PROMOTIONS

Tech. Sgt. Justin Oosterbaan (AOG)

Senior Airman Mark Garcia (CES)

2015 WEST MICHIGAN JOINT MILITARY BALL, TICKETS ON SALE NOW!

Date: February 7, 2015, 5:30 PM to 11:30 PM (EST),

Amway Grand Plaza Hotel

187 Monroe Ave NW

Grand Rapids, MI 49503

Cost: \$50/person

<http://www.eventbrite.com/e/2015-west-michigan-joint-military-ball-tickets-14118409543?aff=eivtefrnd>

The Joint Services Military Ball is an annual formal-dress (black tie or military equivalent) evening of dinner and dancing with current and former members of the Michigan National Guard. This is a great opportunity to meet other members from both services of the Michigan National Guard and enjoy a night out in the beautiful city of Grand Rapids. It's an exciting time for military communities to get together to support unit members who are being presented an award. There is a possibility for those attending the ball to depart drill on Saturday two hours early, pending the permission of their commander.

MESS DRESS PREPARATION

Looking good doesn't happen by accident for these things. Give yourself time to prepare! In addition to AFI 36-2903, Dress and Appearance of Air Force Personnel, here are a few things easy to miss (and have been missed, hence their appearance in this article):

- 1) Order your mini-medals rack early so it is ready, but not more than six months out to ensure it is up-to-date at the time of the event. Those oak leaf clusters, etc. can sneak up on you. "Minuteman Military Awards and Displays" is a local business owner who has unbeatable expertise when it comes to making the mini-medals racks and has incredible turnaround rates.
- 2) Get all the clothing pieces ASAP and get to a tailor! Wear all the pieces, including the shoes, at time of fitting. For Officers, look for the braid and the material to sew on the loops for your shoulder boards. Sometimes it is tucked in the inside of the jacket near the armpit.
 - a. The braid is 1/2 inch wide with the first edge placed at 3 inches from the end of your sleeve. Do not use the wider braid that is sold (that is for the Navy).
 - b. Measure and make any necessary alterations to sleeves/skirt/pants. They come from AAFES way too long and if you buy it second-hand, double-check the length (skirt should be to ankle). The sleeve is no longer than your first thumb joint to your hand with your arms at your side.
 - c. Start placing your shoulder boards through the loops immediately to make sure the loops allow

the shoulder boards to sit up enough, flat and straight on the shoulders. You may need to purchase some ribbon to create/sew on the loops.

d. Males: There are several dress shirts that are sold via AAFES that are very similar. Look at the collar and the area just left and right of the buttons. The collar is similar to the class A Uniform collar, not the tiny "Wings." The pleats that run top to bottom beside the buttons are small, maybe 1/4" not the large 3/4" pleats. Make certain you order the correct shirt. The Mess Dress also has a cummerbund, bow tie, and suspenders. It also has separate (silver, not black) buttons and cufflinks for the shirt as well as chained buttons for the jacket. Please ensure you order the male (LARGE) shoulder boards, not the female (SMALL) ones. Order early, you may receive the wrong items the first time.

e. Females: Order SATIN neck tab (not the same as your service dress neck tab); small-size shoulder boards; white cotton button-front shirt; four silver buttons and two wrist studs (do NOT use the black studs the shirt comes with); and the black cummerbund (worn with the pleats facing up so as to catch your bread crumbs). For shoes: glossy (patent leather/chlorframes) black slip-on heels (minimum heel of no less than 1 inch high but not more than 2.5 inches); black CLUTCH purse (no straps); and MID-SIZE occupational badge. They are all available from AAFES. You will need to create an account as a military member, it is reasonably easy.

f. Either the Air Force top coat or the all-weather coat can be worn with the mess dress. The length of the topcoat and all-weather coat will end between the bottom of the knee-cap and the mid-calf. Officers wear regular size (1 inch) metal shoulder mark rank insignia and enlisted wear metal rank insignia on collar. The Military Ball in Grand Rapids offered coat racks in the hall area. Nothing secured or guarded so don't plan to leave a wallet in your pocket when you leave the coat on the hangar.

- 3) Take the jacket/skirt/pants to the dry cleaners to have them cleaned and pressed.
- 4) Place your mini-medals and rank on the Mess Dress ASAP after you get the uniform back from the cleaners. It is possible it will take you over an hour to get right, NOT something to do right before you have to leave out the door. The entire miniature medal rack is centered midway between the top shoulder seam and the top button of the coat. No nametag worn. Check the AFI!
- 5) Get your hair cut. Take care of those whiskers and eyebrows, maybe a little bronzer powder. This is prime picture-taking time. Make sure you cement that hair into place. NO FRIZZ! No cap worn with the mess dress.
- 6) Lint buster the whole outfit like crazy.
- 7) Head out the door on time and have an enjoyable evening!

responsibilities while continuing to broaden technical skills and pursuing professional development through on-and off-duty education.” Airman Basics to Chief Master Sergeants are all held to the same professional standard.

Education is only one part of managing a successful Air Force Career. Airman must learn and embody the three levels of leadership in the Air Force, which are tactical expertise, operational competence, and strategic vision (AFI-36-2618). Advancement in the enlisted force structure tiers brings about increased responsibility, challenges and expectations.

Finding a knowledge and dedicated mentor is also a very important component of managing your Air Force career. Mentoring is a critical component of the Air Force’s Force Development Construct. It is normally a relationship in which a person with greater experience and wisdom guides another person to develop both personally and professionally. Mentoring is not a promotion enhancement

program, but is designed to prepare Airmen for increased responsibilities. Goals of the mentoring program are to: 1) promote growth 2) leverage human capital and 3) welcome new airmen.

The Career Path Tool (CPT) is an online application (Air Force Portal) for managing mentoring relationships. Currently, Career Field Management Teams are developing experience structures for each Career Field. Once these are completed, airmen will be able to view their career pyramid and a summary of career experiences. Several career fields are already complete. In Spring 2015, there will be an enhanced mentoring capability within the application that will offer a mentor matching capability, support forum discussions, and provide a bullet tracker.

Managing our careers is a critical task. Taking advantage of educational opportunities, adhering to the constructs of “The Little Brown Book”, and seeking out a mentor will help our career paths become much clearer and attainable.

2014 WING TOWN HALL Michigan Governor Rick Snyder visits the 110th Attack Wing, Battle Creek Air National Guard Base, Mich., Saturday, December 13, 2014. Gov. Snyder recognized members of the 110th Attack Wing in an awards ceremony and listened as the Wing Commander Col. Ronald Wilson highlighted the progression of the Wings achievements since BRAC 2005. Col. Wilson discussed the newly assigned Remotely Piloted Aircraft mission, the Cyber Mission, how it supports U.S. Air Force European Command with full spectrum non-kinetic solutions to solve global issues, and the latest innovations of tenant unit 217th Air Operations Group and how they achieve strategic solutions to challenges ranging from security and famine in Africa to homeland emergencies. Air National Guard Members recognized in the ceremony were three Meritorious Service Medal recipients, Chief Master Sgt. Kristina Person, Senior Master Sgt’s. Kenneth Dark and Steven Foster; Air Medal recipient Maj. Andre Sprauve; Wing Annual Awards, Airman of the Year, Airman First Class Christopher Simmons, Non-Commissioned Officer of the Year, Tech. Sgt. Benjamin Kuchmuk, Senior Non-Commissioned Officer of the Year, Master Sgt. Thomas Frutos, First Sgt. of the Year, Master Sgt. Kenneth Glidden, Honor Guard Member of the Year, Tech. Sgt. Timothy Hardin, Company Grade Officer of the Year, 2nd Lt. Shawn Hatfield; Guardsman of the Year, Master Sgt. Geraldine Ladd and Mr. Scott Ladd; Recipient of the Robert Yost trophy, Tech. Sgt. Benjamin Kuchmuk; and Recipient of the Capt. Jeffrey Gieske trophy, 2nd Lt. Shawn Hatfield.

WREATH LAYING CEREMONY AT FORT CUSTER

Battle Creek Air National Guard Honor Guard Team members Col. Donald Henry, 217th Air Operations Squadron, and Tech. Sgt. Timothy Hardin, 110th Medical Group participate in a Wreath Laying Ceremony, Saturday, December 13, 2014 at Fort Custer National Cemetery, Battle Creek, Mich.



Special Thanks to everyone who participated in this years door decorating contest!

1ST PLACE Force Support Squadron
 2ND PLACE Wing Plans
 3RD PLACE Comptroller Flight Budget Office
 Honorable Mention Wing Front Office



Disaster Assistance Response Team (DART) Updates

The 110th Attack Wing has been building a DART of pre-screened, pre-trained volunteers who are available 24/7 to assist our state in times of crisis. Since beginning this endeavor, we have built a solid team of individuals to call upon. As we continue we will need to train, recruit, and exercise in order to be proficient and ready. The purpose of this article is to inform you of what we have accomplished, educate you on upcoming events, and provide a path forward for the team.

Since the initial training date of 14 March 2014, the DART has trained nearly 100 people, accomplished two exercises, began writing a local DART Operating Instruction, built mobility folders, refined our Joint Incident Site Communications Capability (JISCC) requirements, applied to the National Guard Bureau to be the first guard unit to receive a Tactical Field Religious Support Kit (TFRSK), and pursued marketing of the team. We have also been working on developing a standardized training plan and paving the way forward for the “validation” of the team.

Currently, we are seeking guardsmen with an interest in the team as we will be having another training event in the spring. Most anyone interested in participating may do so. AGR personnel can partake doing only what their AFSC dictates. Traditional members' AFSCs are not critical--the only requirement to be on the team is a positive, can-do attitude in addition to a few training requirements. This training day will be an annual requirement to be eligible for State Active Duty (SAD) orders. SAD is the mechanism for the DART to be activated.

Looking forward, the DART expects to be involved in one mandatory annual training event and two annual exercises. More information will follow soon as we solidify our training day and “validation” requirements.

Lastly, because this team is an organic endeavor which is not a requirement for our mission, we welcome anyone's assistance in making what we have better. If you can assist in any way, shape, or form please contact us to offer your support. Pay days will be provided.

For more information or to sign up, please send me an email.
 Senior Master Sgt. Steven Gage
 NCOIC, Disaster Assistance Response Team

BASE COLLEGE PROGRAMS



STATE TUITION ASSISTANCE IS HERE FOR ALL ANG MEMBERS!

- State TA is in the form of a reimbursement
- \$4,500/year, \$250/credit hour cap
- Certificates, Associate's Degrees, Bachelor's degrees, Master's or First Professional Degree
- Soldiers and Airmen may use State TA at accredited institutions with a campus or headquarters in Michigan, with some exceptions for Air personnel
- State TA will pay most fees that FTA will not pay
- Lifetime cap: 144 undergraduate credits/42 graduate credits
- Eligibility:
- HS diploma or equivalent
- 6-year contract (*On a current 6 year or have completed 6 years with any other service component*)
- All readiness items (PT/Dental/Medical/etc..) must be in good standing at application when Commanders will certify. Commanders will not need to recertify when submitting grades for payment.
- All ranks are eligible
- Some flags will suspend eligibility
- Must maintain 2.0 GPA (undergraduate)/3.0 GPA (graduate)
- No service obligation incurred

Website: www.michigan.gov/mingstap E-mail: mingstap@michigan.gov DMVA Phone: 571-481-7640
 DMVA Fax: 571-481-7782

Coming Soon! MILLER COLLEGE

This UTA, at the DEAC during lunch, Miller College will have specialists here to streamline admissions, enrollment & financial aid for you.

WESTERN MICHIGAN UNIVERSITY

English Composition (ENG 1050)

Western is offering English Composition Saturday after UTA on the airfield. The class meets face-to-face over UTA and via internet between UTAs.

Western is also offering a Bachelors, based on credits you have already earned; details available from Western at the DFAC this UTA.

Use the following procedure to enroll in the English Composition class (ENG 1050) offered by Western Michigan University at the WMU Aviation School in January. The class meets CCAF requirements for an Associate's degree.

Apply using the hardcopy for that will be provided by the WMU representatives during the 22-23 November UTA. Please do not apply using the online application. This will cause you to incur an application fee and will delay the processing of your application.

Confirm military status by providing a copy of your military ID (CAC) card or DD214 or other form of identification to the WMU representatives during the November UTA.

Submit a copy of your unofficial transcript to the WMU representative at the November UTA.

Apply for financial aid or tuition assistance. For Post 9/11 GI Bill, begin your application at: <http://www.benefits.va.gov/gibill/apply.asp> and for the Michigan State Tuition Assistance program apply at: <http://www.michigan.gov/mingstap>.

If for some reason you cannot apply for this class during the November UTA, Maj. Kelly Black will have copies of the application form. Completed forms must be returned to Maj. Black NLT Friday, 28 November in order to be enrolled in the spring semester.

KELLOGG COMMUNITY COLLEGE

Enrolling to Public Speaking (COMM 207)

These are the steps to enrolling in Public Speaking (COMM 207) class offered by Kellogg Community College, on-base in January. The class meets the CCAF requirement and is accepted by WMU and other Universities.

1. APPLY

- Apply online: <https://secure.kellogg.edu/webforms/applyadm.html>
- You will receive a student ID # (k-ID) – this will be required for the subsequent steps.
- CONFIRM RESIDENCY TO SET TUITION RATE (in-district or out of district)
- Show your driver's license on-campus. This is a one-time requirement to determine which tuition rate applies.

• <https://www.google.com/maps/place/450+North+Ave,+Battle+Creek,+MI+49017/@42.334423,-85.178336,14z/data=!4m2!3m1!1s0x8817f1783ab788ff:0x580fd0dc5da24d10f?hl=en-US>

2. TAKE PLACEMENT TEST:

- Take the COMPASS placement test or bring a copy of ACT results. This is a one-time requirement to ensure course pre-requisites in Reading and Writing are met.
- <http://www.kellogg.edu/admissions/testing-assessment/compass/>

3. APPLY FOR FINANCIAL AID/TUITION ASSISTANCE

- Free Application for Federal Student Aid <https://fafsa.ed.gov/>
- Michigan Statue tuition Assistance program (reimbursement based program) <http://www.michigan.gov/mingstap>
- KCC will have representatives here Saturday during Drill at the Dining Facility to help navigate your options

4. REGISTER FOR CLASSES

- Register for classes online at: <http://www.kellogg.edu/admissions/registrar/student-registration/>
- KCC will have representatives here during Drill at the Dining Facility to help you with getting into class

5. PAY FOR CLASSES

- Pay online at: <http://www.kellogg.edu/admissions/registrar/facts/>
- KCC will have representatives here during Drill at the Dining Facility to help navigate payment options

Considering Your Education?

What Makes Siena Heights Different?

In light of the recent availability of state Tuition Assistance, many ANG members are looking to further their education. When exploring options, overall cost, scheduling flexibility and ease of credit transfer are all important factors in your decision making process. With so many choices, why should you consider Siena Heights University?

- Siena Heights University (SHU) is a Catholic, Liberal Arts University established by the Adrian Dominican Sisters in 1919. We are fully accredited by the Higher Learning Commission and have built a strong reputation for serving working adult students for over 35 years.
- Our seven Degree Completion Centers are located throughout lower Michigan. In addition, we offer our Distance Learning – fully online program. You can have the flexibility of traditional evening/weekend classroom venues or online courses to fit your schedule.
- Our bachelor degree model is called a “3 + 1” model, which means that we require a minimum of 30 semester hours with SHU, instead of the 45 – 60 semester hours required by traditional four-year universities. That means you are paying for fewer semester hours at the university rate....a savings of thousands of dollars in tuition.
- We are very transfer credit friendly. In addition to college credit, we consider work experience, college-equivalent military training, CLEP tests and professional training/certification when determining the number of transfer hours towards your degree.
- Most of our classes are offered in an accelerated, 8-week schedule, so that you can progress through your degree plan quickly.
- Our unique Bachelor of Applied Science (BAS) degree is well-suited for military personnel. It builds an individually designed academic degree around technical, occupational or allied health associates' degrees or certifications. Minor credentials in Management, Information Technology Management, Health Care Management, Behavioral Science, Marketing and Public Service Administration are easily “built in” to the BAS degree plan, often without requiring additional hours at SHU.
- In addition to our BAS degree, we offer six bachelor's degrees and three online master's degrees.
- In 2014 our online program was designated as US News and World Reports' “ 50 Best Online Programs” and one of their “Best Online Programs for Military”.
- Personal service and accountability on the part of our professional advising staff is a hallmark of our programs. When you enroll at SHU, you will have an advisor who is committed to assisting you throughout your SHU experience.
- We understand that your time and your money are precious commodities. At the same time, we know that a high quality education can be transformative. The motto of the Adrian Dominican Sisters is, “To contemplate and give back to others the fruit of that contemplation.” We seek to educate and then to encourage service from that education – fully consistent with the mission of members of the 110th Airlift Wing.

Please stop by our table at the next training weekend. We would love to get better acquainted. You can apply by visiting our website at www.sienaheights.edu, and clicking on the “Apply Online” link.

Improve Your Cyber Security Posture

With the holiday season behind, there is an even larger supply of computers, laptops, tablets and other connected devices that are vulnerable to attack and exploitation. During this time of the year, many of us have made New Year's resolutions to lose weight, pay off debt, be more physically and mentally fit, and the list goes on; but in the haste of this New Year, perhaps an additional resolution would be to increase your personal cyber security posture and awareness.

Why increase your personal cyber security posture and awareness? The answer to this question was answered in 1735 by Benjamin Franklin as he wrote in the Pennsylvania Gazette, "an Ounce of Prevention is worth a Pound of Cure". Over the past 24 months, countries around the world, including the United States, have witnessed an ever increasing number of cyber-attacks and more than likely this trend is not going to stop any time soon. With this in mind, why not take some basic steps to increase your cyber security and awareness posture at home and at work.

How can you do this? There are a multitude of resources available these days, let's start with the basics as identified by the United States Computer Emergency Readiness Team (US-CERT). US-CERT recommends [12 actions home users can take to protect their computer systems](#). Take a few moments this New Year and review these actions and instill additional rigor into your day to day activities. Of the 12 recommended actions, here are some of the basics in no particular order.

1. Use Virus Protection software, and keep it up to date.
2. Keep all applications, including your operating systems patched.
3. Don't open unknown email attachments.
4. Turn off your computer or disconnect from the network when not in use.
5. Make regular backups of critical data

It is important to realize that we can't protect ourselves from every vulnerability and attack. Much like the human body, if you practice good preventative maintenance you are more likely to have fewer health problems. Many of us take vitamins or work out to stay healthy, instill this similar habit into your "cyber"

activities. Practice and start doing the basics, don't share passwords, change your passwords on a regular basis, avoid public hot spots, utilize virus protection, and keep your operating systems and software up to date. Practice the "Good Security Habits" that are recommended at <https://www.us-cert.gov/ncas/tips/ST04-003>.

In addition to US-Cert, the Federal Bureau of Investigation (FBI) discusses the "[How to Protect Your Computer](#)" using the same advice parents might deliver to young drivers on their first solo journey applies to everyone who wants to navigate safely online. A special agent in our Cyber Division offered the following, "Don't drive in bad neighborhoods, if you don't lock your car, it's vulnerable; if you don't secure your computer, it's vulnerable, reduce your vulnerability, and you reduce the threat."

How much information do you openly share on the internet? In addition to the physical domain it is important to practice good social networking habits as you interact on the internet. Take a moment and Google yourself, how much information is out there? After this, take some time and ask how much of this information do you really want available to everyone in the World? How many "friends" on social media sites do you have that you actually know and trust? Be cautious to the amount of personal information you are sharing across all of your social media accounts. The more information you have out there the easier you are to target. Many often say it is not a matter of "if", it is more a matter of "when"; why not take a moment to be proactive and challenge this sentiment, don't be the easy target online.

Like other New Year's resolutions, some become reality while others drift to the way side and get added back to the list a year from now. Take the challenge; be proactive as now is the time to increase your personal cyber security posture and awareness. Add this resolution to your list of things to do, take the initial steps and help prove a 200 year old concept by Benjamin Franklin to be correct that "an Ounce of Prevention is worth a Pound of Cure" even relating to the ever changing and evolving Cyber domain.

Author: Major Daniel Guy - Commander, 110th Communications Flight, Michigan Air National Guard

SATURDAY		10 Jan 15	
Activity	Location BLDG/Rm	Normal UTA	Training/Meeting OPR
Customer Service Hours (FSS, SFS, CPTF, LRS, MDG) (Monthly)	As Applicable	0945-1200 1300-1430	110 Unit/CC
Public Affairs Open Studio	BLDG 6900 PA/VI	0900-1100	110 AW/PA MSgt Pawloski
Immunizations (Monthly)	BLDG 6930 Medical	0900-1130 1300-1500	110 MDG SMSgt Carroll
Retirement Briefing	BLDG 6905 Testing Room	0900-1000	110 FSS MSgt Jenney
3S0 CFETP Privacy Act Training	BLDG 6905 FSS Office	0900-1000	110 FSS TSgt Mongeon
Post 9-11 GI Bill Briefing / State Tuition Assistance	BLDG 6905 Retention Office	1000-1100	110 FSS MSgt Ladd
Professional Development Council	BLDG 6905 Wing Conf Room	1000-1100	Council President
BETM/UTM Training Meeting	BLDG 6905 Testing Room	1000-1100	110 FSS SMSgt Parks
Ground Testing	BLDG 6930 Med Conf Room	1100-1130	110 MDG SrA Bean
Box Lunch Pickup	BLDG 6930 Dining Facility	1100-1200	110 FSS/SVF Major Heyart
Com Flight Classroom Open for CBT's (Monthly)	BLDG 6900 CF Classroom	1200-1500	110 CF/CC Major Guy
Company Grade Officers Council	La Cocina Mexicana Restaurant	1100-1200	Council President
3S0 CFETP Wartime Functions Training	BLDG 6905 FSS Office	1300-1400	110 FSS TSgt Mongeon
HRE/POSH/Diversity May, July, Sept, Nov	BLDG 7020 CE Classroom	1300-1500	110 AW Lt Hester-Hollman
CDC/PME Testing (Scheduled by UTM) (Monthly)	BLDG 6905 Base Training Testing Room	1300-1500	110 FSS/FSD SMSgt Parks
In/Out Processing (Schools/Separation/Retirement)	BLDG 6930 Med Conf Room	1300-1500	110 MDG MSgt Carroll
Catholic Mass (Monthly)	BLDG 6909 Chaplin's Office	1600-1700	110 AW SMSgt Lahaie

SUNDAY		11 Jan 15	
Activity	Location BLDG/Rm	Normal UTA	Training/Meeting OPR
Protestant Services (Monthly)	BLDG 6909 Student Flight)	0730-0800	110 AW / HC
Fitness testing	BLDG 6900 Fitness Track	0730	110 FSS/SVF Capt Poston
Air Force Training Course (Quarterly) Feb, May, Aug, Nov	BLDG 6905 Testing Room	0800-1100	110 FSS / FSD MSgt Parks
ASVAB Testing (Monthly) 3rd Thursday (Quarterly) Jan, Apr, Jul, Oct	BLDG 6905 Testing Room	0745-1100	110 FSS MSgt Jenney
Customer service Hours (FSS, SFS, CPTF, LRS, MDG) (Monthly)	As Applicable	0800-1130	110 Unit/CC
3S0 CFETP Privacy Act Training	BLDG 6905 FSS Office	0800-0900	110 FSS TSgt Mongeon
Airman-2-Airman Open Meeting (Monthly)	BLDG 6909 Star Base	0800-0900	Mr David Marshall
Breakfast – Dining Facility	BLDG 6930 DFAC	0830-1000	110 FSS/SVF Major Heyart
Wing Drug Testing (Monthly)	BLDG 6909 AROM Club	0830-1100	110 MDG Capt Diaz
Public Affairs Open Studio	BLDG 6900 PA/VI	0900-1100	110 AW / PA MSgt Pawloski
Quantitative FIT/Respiratory Testing (Gas Mask) (Monthly)	BLDG 6930 Room 118	0900-1100	110 MDG/Bio Enviro A1C Vierzen
Junior Enlisted Advisory Council (JEAC) (Combined Quarterly) Feb, May, Aug	BLDG 6905 Wing Conf Room	0900-1000	Council President
Senior Enlisted Advisory Council (SEAC) (Combined Quarterly) Feb, May, Aug	BLDG 6905 Wing Conf Room	1000-1100	Council President
3S0 CFETP Wartime Functions Training	BLDG 6905 FSS Office	1000-1100	110 FSS TSgt Mongeon
Chief's Council	BLDG 6905 Wing Conf Room	1130-1230	Council President
In House AFSC Training All Individual Sections	Base Wide	1200-1600	
PERSCO Training	BLDG 6905 Customer Service Area	1300-1400	110 FSS TSgt Mongeon
CSS Training Myers	BLDG 6905 FSS Office	1400-1500	110 FSS SMSgt LaBruzzy
CCAF Graduation	BLDG 6930 DFAC	1400	110 FSS SMSgt Parks
Wing CC's Drill Hotwash	BLDG 6905 Wing Conf Room	1500-1530	Wing Monitor MSgt Boyd X4210